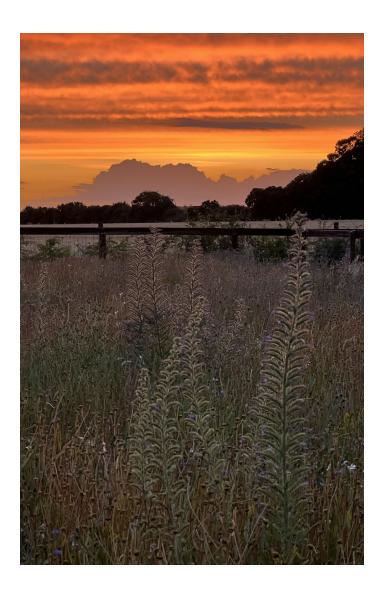
BRETTENHAM MAGAZINE

AUGUST 2023 No 427



Welcome...

We hope you are enjoying some R & R this summer. We all relax in different ways: some like to take it easy while others like to be busy, but I would like to recommend finding a really comfy chair in the garden, with a drink of your choice and having a read of the August Magazine—it's a cracker!

Did you know that you can find previous copies of the Magazine on the village website at www.brettenham.onesuffolk.net/our-village/parishmagazine

As always we are very grateful for your contributions, news, photos, jokes and anything else of relevance, so please keep them coming to: brettenhammagazine@outlook.com.

Bigger Ernie June Winners

1st - Cathy Schofield 2nd - Carrie Dye 3rd - Weeda (dog) Camp

Dates For Your Diary

Tuesday 1st August—Village coffee Morning 10.30-12.00
Friday 4th August—Village Inn 7.30pm
Sunday 13th August - Sunday Village Inn 12.30pm
Sat 19th August—Gardening club celebration and picnic 10.30-1pm
Sunday 20th August—Sunday Village Inn 12.30pm
Friday 25th August—Mobile Library (see info opposite)
Tuesday 5th Sept—Village coffee Morning 10.30-12.00
Thursday 21st September—Parish Council meeting 7.30pm
Monday 2nd October—BVA meeting 7.30pm

Thanks to Alyson Wilson for the photo on the front cover

Village Noticeboard



Village Hall

To book contact Julie or Ozzie on 07810434470 or email bvahallbookings@gmail.com
To request a licenced bar contact Peter Truin 07799
640326 or petertruin@aol.com



Village Website

www.brettenham.onesuffolk.net

If you would like to see something new on the website please contact Beth Clarke

clarkeeac3@gmail.com



\heartsuit

Where to get Village News?

Check out the latest village news on the **BVA Facebook** page

Facebook.com/pg/BrettenhamVillage/posts
If you would like anything added to
the page contact Greg Potter at
greg.potter66@me.com

If you would like to receive regular village email updates please contact chairbva@gmail.com



(a)

Mobile Library

Stops at the village Hall 12.45-13.05 Church 15.20-15.35

Friday every 4 weeks

September Mag Deadline:

15th August

Brettenham magazine is published and edited by the Brettenham Magazine Editing Team (brettenhammagazine@outlook.com) on behalf of Brettenham Parish Council. The views expressed by the contributors to the magazine are not necessarily those of Brettenham Parish Council. As well as the printed copy, the magazine is available online, in full, via the village website: www.brettenham.onesuffolk.net

Brettenham Parish Council

The Parish Council still has a fairly busy agenda at present.

The Neighbourhood Plan project was updated last night. There is a now a first draft ready for perusal and this will be the job of the current team looking after it over the next few weeks. There may still be other pieces of work to assist in getting it to completion so if you are interested in helping out, please contact me. The new Babergh District Councillor, Deborah Saw was present at the meeting and reinforced the importance of the Neighbourhood Plan in terms of having a real say in planning and development matters.

There are still some ideas in the pot for spending some of the Community Infrastructure Levy. Some of you will be aware that a number of projects have been ongoing over the past year or so. The replacement signposts for Old School Corner and Buxhall Road have now been promised for July. I will be watching this with interest! If you have any thoughts on things that may enhance the village, however small, please let us know or come along to a meeting and raise it.

Negotiations are still underway for new items of play equipment and the start date for any work will depend largely on a Council funding stream being agreed, so may be a way off for now.

There is still plenty of discussion around how to enhance the site of the original Coronation Oak on the small green opposite OBH school. Thanks to Andrew Gooderham and Nick Taverner for making a positive start to keeping the area mowed and tidied, already a great improvement.

Anyone missing the finial on the new village green signpost should be reassured that we are returning it to have the village name rectified. It arrived looking slightly off centre, this seemed more obvious once it was on top of the post, so we hope to see it, back in place soon and looking perfect!

Next Meeting is Thursday 21 September

Alyson Wilson 07798 633044
Any queries through the Parish Clerk
at brettenhamparishcouncil@btinternet.com

Recipe – Courgette Fritters

For those of us that are growing Courgettes we always seem to have an abundance this time of year. So, with that in mind its always good to have a few recipes to hand to use up the surplus.

This easy tasty recipe can be adapted for individual tastes.

Ingredients:

2 Large Courgettes

I small red Onion

25g Plain Flour

20g Parmesan Cheese

Salt and pepper

Half teaspoon Paprika

Olive oil



Grate the onion and courgettes, mix together in a bowl, add the salt, pepper, paprika and any other herbs or spices you fancy. Add the flour and cheese and mix well. You may need to add more flour to get the correct consistency as the size of the courgettes and onions can vary.

Roll into a walnut sized ball and flatten to make a disc shape.

Heat the oil in a frying pan and gently fry both sides until golden brown.

These are delicious served with a fresh green leafy salad.



Michelle Harvey

Summer's here

Thank you to Viv Bourne and Annie Tavener for the lovely photo's taken around Brettenham. The pyramid orchids are a special sight, and the beauty of the wild flower meadow should encourage everyone to try a little rewilding somewhere in their garden.



6

Village vs Brettenham Park Cricket Club stoolball

After several years absence, Sunday 9th July saw the return of some intravillage rivalry, in a stoolball match between the cricket club and the village.

It was almost like watching the Ashes, or at least that's what it felt like when the cheers (and the complaints of "foul play!") rang round the playing field. Who knew there was such a competitive spirit in the village?

Perhaps it's that spirit that led the village team to a clear victory, with 138 runs to the Park's measly 107.

A very fun day was enjoyed by all – thank you very much to Roger, Ozzie, Annie, and Julie for all their help with the day. And thanks to everyone who took part – it was great to see everyone enjoy a good game, as well as the barbecue and drinks afterwards.

Now it's over to Ben Stokes and his team to bring home the Ashes! HarveyDaniell







BVA

Brettenham Coffee Morning

Come along for a Tea, Coffee and biscuits and more importantly a chat and a laugh with fellow villagers, on Tuesday 1st August at 10.30 till 12.00.

Hope to see you there! Val and Michelle

Village Hall Hire Rates

	Residents	Non-residents	Commercial
All events	£8.50	£12.50	£15
Community organisations: Parish Council, PCC, Gardening Club	No charge		

The Brettenham Flyers

If you're considering a new challenge, or just fancy joining us on a morning jog/walk around the village for a little exercise (approx. 5.7K), come and join the Brettenham Flyers for a Sunday morning lift.

Every Sunday at the Village Hall

Walkers / Dogs—08:50

Runners / Cyclists—09:00

All ages, abilities & animals welcome

For more info contact Ozzie:

chairbva@gmail.com



Village Inn Friday 4th August 7.30pm

With food provided by The Mobile Pizza Co. 7pm—9pm (no pre-booking required) www.themobilepizzaco.co.uk



Sunday Village Inn 20th August
The bar is open from 12.30pm.
Come along for a relaxed chat with friends,
neighbours and family

St Mary's Church Brettenham

Services at Rattlesden are no longer streamed however the Church of England service is on at 9am and can be viewed on their website www.churchofengland.org



The Cathedral communion service starts at 10.30am and can be found on their facebook page - https://www.facebook.com/stedscathedral/live/

Benefice contacts

While we do not have our own rector, if you need to talk to someone about a pastoral matter, we have these contacts:

You can contact our lay readers Stephen Collins on 01449 737541 or on spgc544@gmail.com or Ruth Crocket on 07811333560 or ruth.crocket@gmail.com. Our Benefice PA, Charlotte Faircloth, may be able to help with some issues and her information is: charlottefaircloth13@gmail.com and 07397 240 713. To talk to someone about a local church matter, please contact the church warden: Annie Tavener 01449 736412 annie tav@hotmail.com.

New Rector

Rev. Sharon Grenham-Thompson will be installed as our rector on 11th September at Hitcham church at 7.30pm. Everyone is welcome to attend this service and we do hope there will be lots of support from Brettenham. I have been asked to point out that parking for the service will be in Hitcham's new overflow church carpark which is off Fen Lane and opposite the entrance to Church Lane. It will be sign posted. There is a short walk up Church Lane to the church. There is limited parking for the less able up at the church. The Fen Lane carpark surface is grass covered by a mesh so those wearing high heels must alight at the gate; it is also still a bit uneven. Please do not park on Church Green (under the oak tree) as that space will all be reserved, but it can be used as a drop off point.

Annie Tavener 01449 736412

August Programme of Services in the Benefice

The service rota for August looks very different from usual, so please keep an eye on the noticeboard for times and types of service.

Times may change, so please check before attending

6th August	The Ninth Sunday after Trinity			
	Rattlesden	9.45am	Breakfast Church	
	Thorpe Morieux	10.00am	Morning Prayer	
	Hitcham	11.00am	Holy Communion	
13th August	The Tenth Sunday after Trinity			
	Brettenham	9:00am	BCP Holy Communion	
	Rattlesden	9.45am	Holy Communion	
	Thorpe Morieux	10.00am	Holy Communion	
	Hitcham	11.00am	Morning Prayer	
20th August	The Eleventh Sunday after Trinity			
	Rattlesden	9.45am	Morning Prayer	
	Thorpe Morieux	10.00am	Morning Prayer	
	Hitcham	11.00am	Holy Communion	
27th August	The Twelfth Sunday after Trinity			
	Rattlesden	9:45am	Holy Communion	
	Rattlesden	11:00am	Quiet Service	
	Brettenham	11am	Morning Prayer	
	Hitcham	11:00am	Morning Prayer	

Friends of Brettenham Church (FOBC)

We are looking forward to meeting interested people this month to see what fundraising we can make a start on for the £200,000 'Raise the roof' project through Friends of Brettenham Church (FOBC). As we look to setting this up as a charity we would love to hear from you if you have good ideas for fundraising, or can help in anyway to protect this major historical landmark in our village. Would you like to become a Friend and help get FOBC off to a good start? Do you have great ideas for fundraising? For further information please call either Annie Tavener on 01449 736412 or Chris Clarke on 07483841531.



In last month's magazine I said I hoped I would be able to report this month on record crowds and record income at our Summer Fair. Well I can!

It was wonderful and everyone considered it a very happy village event. So many people helped in different ways and we are grateful to them all. We must thank the BVA and Oz for helping with the logistics and for suggesting that we receive the profits from the bar, thank you also to the Garden Club for donating the profits from their stall and thank you to everyone who ran games, stalls, cooked, and sold and bought raffle tickets. Thank you also to Mick for squeezing so much money out of generous bidders for the signposts – he clearly has a vocation as an auctioneer if he wants one!

Our total from fair, bar and auction was a few pence under £3000.00 which is fantastic. Thank you all so much.

Annie Tavener

Pilates Tuesdays 6pm in the village hall

Pilates tones and strengthens the whole body improving posture and wellbeing. This is a friendly group with an experienced teacher. It is suitable for all levels of fitness (unless pregnant or injured).

The class takes place every Tuesday 6pm—7pm.

Classes cost £7 a class, pay-as-you-go.

For more information, contact Leonie on 07866897651

We know that donations to foodbanks have been hit dramatically by the cost of living, even as the need for them has grown enormously. Please note that either donations of food or a financial contribution would help a great deal, so please donate what you can. Please see details below.

Food Bank Update

Financial aid continues to be accepted by cheques payable to Bildeston Community Support or via BACS to Bildeston Community Support, Account No 49886479, Sort Code 52-30-31.

Food donations can be left in the church porch or the woodstore on my drive at Spinney Cottage, Brettenham.

Individuals/families do not need to be referred by the authorities. Locally, for either help with giving or receiving donations, please contact in confidence:

Alyson Wilson, Spinney Cottage 07798 633044
Anne-Marie Hodgkiss 07818 286770

If you would rather contact the Foodbank directly you can do this through Facebook messenger from the Bildeston Foodbank Facebook page, email or call:

Bildestoncsg@gmail.com Tel: 01449 257136

Nature Notes

The results of the Big Garden Birdwatch for 2023 were published at the beginning of June. For those of you who did not see the results, here is a brief resume. It was the biggest citizen science wildlife survey with 540,000 people sending in their results. Here are the findings:

1. Top spot goes to the House sparrow (the 20th year in a row)

Blue tit.
 Starling.
 Wood Pigeon.
 Blackbird.
 Robin.
 Goldfinch.
 Great Tit
 Magpie
 Long-tailed Tit

Few surprises you might say. The Long-tailed Tit was a surprise for me. It was 15th last year and along with the fact that the Blue and Great Tits have continued to maintain their numbers reflects the fact that winter 2022 was a relatively mild one overall. Of those 10 birds, the RSPB have assessed that the Woodpigeon and Magpie have increased in numbers, particularly in urban areas.

On another matter. If you are keen to encourage more nature into your garden the RSPB have published an "Actions for nature seasonal calendar" which gives you simple ideas for things you can do each month to encourage more nature into your garden. For example, it suggests the following things you could do in August; Wildlife planting (create food and shelter for wildlife), Pests: ditch the chemicals (get rid of "pests" without harming wildlife), Start a compost bin (woodlice, worms, toads and grass snakes love compost), Start collecting seed (enjoy watching native plants grow in your space), Feed hungry caterpillars (grow the right plants to boost butterfly numbers), Make a hedgehog cafe (create a feeding station). For more inspiration go to https://rspb.org.uk/get-involved/activities/nature-on-your-doorstep/

where you will find lots of ideas for adults, as well as children, to get involved in.

David Golding

Old Buckenham Hall Summer Swimming

Old Buckenham Hall has opened their lovely heated open-air swimming pool again with a qualified lifeguard on duty. The pool will be open Monday to Saturday at the following times:

9.00-10.00

10.30-11.30

12.00-13.00

14.00-15.00

15.30-16.30

Sessions are £3 per person per session.

Each session will be limited to a maximum of 12 swimmers (this includes children and adults). Children under 4 must be accompanied by one adult. There can be no more than two children aged between 4 and 12 per adult.

We are urging everyone to book in advance for the whole of their Summer swimming and pay on their first session. Any amendments or changes can be made via the email address below at a later date. We are booking on a first come, first served basis. The lifeguard is Mollie, and her contact email to book a slot is:

lifeguard@obh.co.uk

The cost per session per swimmer is £3.00. We will expect payment preferably using a debit/credit on your first session. On the occasion when only cash is available please bring the exact amount due. You must arrive 10 minutes before your swim time to allow for this to be processed.

Please could you make sure you promptly leave the pool area after your swim session has ended.

We hope that you enjoy your swimming this Summer.

Caron Peirson

Assistant Bursar

Farming Focus

Harvest 2023 has begun! I cut most of the winter barley at Ryece Hall yesterday (13th July). Ideally I would have left it for a few more days as although the grain is ripe and dry, the straw could have done with a bit longer. 40-45mph winds are forecast for tomorrow though which I was worried might flatten the crop so I decided to get on with it – it just meant that it was quite hard work for the combine to chop the straw. I still have the little field next to OBH to cut which is not ready yet as it is shaded by tall trees on all sides. The yield was fairly average which was disappointing as the crop looked quite good all year. This was winter barley which was drilled at the start of October, as opposed to spring barley, which was drilled at the end of February and which will hopefully be harvested in 2-3 weeks. It is a feed variety so will probably go to For Farmers at Rougham to be processed into livestock feed, but in the meantime will stay in our grain store in the hope the price improves a bit! I have tried growing winter malting barley varieties but found that I could never achieve yields comparable to the feed varieties and the malting premium didn't make up for the reduced yield.

The remaining crops all still look very green and I think the most forward looking wheat fields won't be ready until the end of July but hopefully by the time you are reading this we will have made a start. We have to wait until the plant is ripe, so the ear is hanging downwards, all traces of green have disappeared and the moisture content of the grain is down to 15%.

The spring barley, beans and some of the wheat will be sent to Camgrain - a large cooperative grain store based just outside Cambridge. We tip these crops up on the concrete pad near the airfield at the top of Dux Street, from which they are then loaded into lorries and taken off to the Camgrain stores. It took a while to get used to just tipping grain outside where it is exposed to the weather, but it is usually collected within a couple of days and a bit of rain makes no difference to a big heap of grain. I make sure the concrete has a good clean before harvest and once it gets to Camgrain it goes through one of the most advanced grain handling facilities in the country so it is in perfect condition when it reaches the end user.

The wheat varieties which we send to Camgrain are used either in milling or for Weetabix, while the remainder of our wheat is stored on farm and

Celebrating 160 Years

mostly ends up being sold to Nestle in Sudbury. The grain is tested for the moisture content, protein, the specific weight (density of the grain) and Hagberg (enzyme activity in the flour), to establish the quality and suitability for the target market. The spring barley we grow is a malting variety. It is graded on delivery into Camgrain according to the amount of nitrogen in the grain, indicating the protein content, which determines the final use. Most of ours normally goes to produce malt for distilling or, if the nitrogen level is a bit higher, for brewing.

The spring beans grown on farms in the UK are mostly what are commonly known as fava beans. At the moment they are green and look like a smaller version of the broad beans in the garden. As they ripen, the colour changes until they turn completely black before being harvested towards the end of August or into September. If the quality is good enough and there is not too much insect damage, they are mostly exported to Egypt and the Middle East for human consumption, where they are soaked and used for Falafel and Hummus.

The fall-back position for crops which fail to make the correct quality requirements for human consumption is livestock feed. I'm not sure what will happen to the millions of tonnes which don't make the grade in the livestock free utopia we are supposedly heading for!

Tom Tavener



Brettenham Gardening Club

For gardeners July is a very lucrative month. Fruit and vegetables are plentiful and as long as everything is kept well watered we can be enjoying the efforts we put in over the spring months.

One vegetable that always produces well are courgettes. (please see the recipe on page 5 for this months recipe)

July is scarecrow building month.

The aim is to have some fun and get everyone involved in something different. With old clothes, straw, hay, newspaper, sticks or similar. Your task is to build a scarecrow and put it in view of the road or footpath. We aim to have everyone's scarecrow built by the end of July. The more the merrier, so start building now, if you haven't already done so. Please let me know when you have finished building your scarecrow so that we can add you to the trail. brettenhamgardeningclub@gmail.co.uk

August will see the start of the scarecrow trail. During the first 2 weeks all residents will be able to follow the trail and vote for your favourite one. On **Saturday August 19th** at the village Hall, we will celebrate our success with a garden produce show and a picnic. Everyone is welcome. With or without produce. This will start at 10.30am—1pm

Please bring along anything you have grown this year to show to others. Don't forget your picnic and drinks if you would like to stay and hopefully enjoy the British summer sunshine.!! (fingers crossed)

Don't forget to measure your sunflowers that we planted back in our April workshop. My sunflower is nearly 8 feet tall and still growing. (Can you beat it??)!!!! Email me your sunflowers measurements and also a picture if you can.

Happy Gardening, scarecrow building and sunflower measuring.

Michelle Harvey



Potato In A Bucket Competition Results

Here are the long awaited comprehensive list of results from this year's competition. They are listed in the order they were weighed.

Thank you to the Schofield family for taking on this task.

Adult Competition

Addit Competition		
Emily Woods	6.2oz	
Fred Rufus	3lbs 7.5oz	1 st place
Pete Knight	4.2oz	
Lyn Rufus	3lbs 4.4oz	2 nd place
Steve Smith	1lbs 4.5oz	
Bev Cronk	1lbs 5oz	
Gary Roberts	8.2oz	
Ozzie	2lbs 1oz	
Julie	2lbs 3.6oz	
Linda Roberts	1lb12.8oz	
Mark Baker	9.9oz	
Charles Camp	2lbs 3.8oz	
Paul Brinkley	4.8oz	
Dave	8.2oz	
Ella Brinkley	4oz	
Katrina	1lb o.4oz	
Carrie Dye	1lb 8.3oz	
Mal	2lbs 8.7oz	3 rd place
David Golding	1lb 1.7oz	
Laura	1lb 4.1oz	
Martin Dye	2lbs 7.1oz	
Jane Moulding	2lbs 0.7oz	
Michelle Harvey	2lbs 0.7oz	
Mick	9.9oz	
Jane MacDonald	7.9oz	
Jane MacDonald	9.7oz	
Grahame Moulding	2lbs 2.5oz	
Simon Harvey	1lb 8.5oz	

Results for the children's competition over page

Children's Competition

Tennyson Chapman	1lb 2.3oz
Straus Chapman	1lb 4.3oz
Denny Chapman	1lb 3.7oz
George Gordon	1lb 8.5oz
Jacob Gordon	1lb 9.6oz
A Pearce	9.3oz
Penelope	1lb 0.8oz
Declan	1lb 1.9oz

3rd place

2nd place

1st place

Well done to everyone that took part. As always, the competition was intense! Hopefully, even if you didn't get placed, you could enjoy the satisfaction of eating your





own homegrown tatties.

David Golding sent us this photo of an Echinops plant in his garden with the bees, and the following message...

"Every garden should have an Echinops plant. At one point there were 12 butterflies on it including 3 species:

a peacock, red admiral and a small tortoiseshell"

A number of people have been asking what the exotic looking flowers are in the centre of the flowerbed in the village green. They are Canna Lilies. This variety is called Canna Cannova Scarlet.



East Anglian Traditional Music Trust Event



On 2nd September we will be bringing East Anglian Traditional Music and Entertainment to the centre of Stowmarket. Expect Concerts, Workshops, Music Sessions, Talks, Exhibitions, Storytelling, Puppet shows, Music related stalls and Step Dance. Morris Dancers will be setting the town ablaze with colourful costumes and performances along and around the High Street.

There is a choice of 18 exciting and interesting ticketed events. Tickets are on sale on EATMT website or from The John Peel Centre. On Friday 1st September our first ticketed event is a ceilidh to the music of the Hosepipe Band in the John Peel Centre.

We are also offering Free Events. Throughout the day there will be opportunities to sing, play in music sessions, or just listen to local musicians. You may wish to "have a go" step dancing, working jig dolls, maybe even join in with the odd Morris dance, or take the chance to relax and enjoy watching and soaking up the atmosphere. A full programme can be found on our website www.eatmt.org.uk We are a registered charity. If you wish to email or speak to us details are:

info@eatmt.org.uk or 07495 054669

Alex Bartholomew

A Rural Education Part 12

This month, Stuart introduces us to some of his teachers. Stuart's memories underline the fact that the lessons learned from a good teacher stay with us for life...

I assume Thurston school probably had double the number of pupils of Beyton and therefore twice the number of teachers. Some had transferred from Beyton and Ixworth school but there was also a large number of teachers from elsewhere.

The main music teacher was Miss Hazell, she was the daughter of the Deputy Head of Beyton. She was very enthusiastic and developed the school orchestra and worked with some of the drama teachers to put on various productions. I took part in one, "Merrie England", which was great fun. Miss Hazell had a brother who was visually impaired and was often out with his guide dog around the local villages.

Mrs Clarke still taught in The English department but there were several other teachers there too. Somewhat confusingly there were two Mr Browns: Mr J and Mr AJ Brown. Mr J Brown had taught in Africa and he had a unique style, referring to the pupils as natives and often rambling in an African language. He made the subject interesting and seemed to be able to teach in an effortless manner. His style involved discussions and involvement of the class. His colleague was Mr J A Brown who had joined the school. He was a snazzy dresser and somewhat theatrical in his presentation. He was involved in producing the school drama productions. Mr Layton also taught English and he too had a very relaxed style of teaching and appeared very confident with his subject. He went on to be a County Drama advisor. The other English teacher was Mr Ed Picardo. He was also the Sixth Form tutor. He seemed somewhat ill at ease in the classroom and certainly seemed to lack both confidence and enthusiasm. This situation may not have been helped when eight of us in his class on a Friday afternoon, would arrive at five or ten minute intervals throughout the lesson. He really was at a loss as to how to manage our behaviour.

History lessons were conducted by Mr Rennison and his colleague Mr Jackson. Mr Rennison was an experienced teacher and was at ease with his subject. Mr Jackson was a new teacher and very enthusiastic and keen to write copious notes on the blackboard which required copying into the notebook. Sadly the dramatic skills of Mr Burt from Beyton School were lacking and history was less alive.

Maths was initially taught by Mr Alan Simpson, he was a very patient man who took time to explain things. This was not a subject I enjoyed, however, I started to become more interested. The following year the teacher was Mr Stammers and quite soon into the academic year we arrived at a mutual understanding that Maths was not a subject for me as my enthusiasm was little, equally his perseverance and patience probably matched my enthusiasm.

Technical subjects such as Woodwork, Metalwork and Art all had a new group of teachers. Mr Bell taught art and seemed to have lots of

experience working with textiles, he was keen to encourage trying different mediums and instilled enthusiasm. There was a Mr Yarrow in the department too who mainly seemed to teach pottery. The Woodwork teacher was Mr Lee. A somewhat different character to Mr Cass. Mr Lee probably was a rebel as far as following rules was concerned. He had an affinity with the pupils and would often tell stories of various exploits in which he had engaged. He encouraged students and was always positive in his feedback. His classes were rather unpredictable as often he would just spend time chatting and discussing life, probably a very important element of education.

Stuart Earle

Next month, Stuart's life crosses paths with a folk musician, a footballer,



As a firm believer in the power of a cuppa when faced with many of life's problems, I like this poem.

Alternative Anthem by John Agard

Put the kettle on
Put the kettle on
It is the British answer
to Armageddon.

Never mind taxes rise

Never mind trains are late

One thing you can be sure of
and that's the kettle, mate.



It's not whether you lose It's not whether you win It's whether or not you've plugged the kettle in.

Cont'd overpage

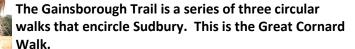
May the kettle ever hiss
May the kittle ever steam
It is the engine
that drives our nation's dream.

Long live the kettle that rules over us May it be limescale free and may it never rust.

Sing it on the beaches
Sing it from the housetops
The sun may set on empire
but the kettle never stops.

Please send your suggestions for the page **Write On** to: brettenhammagazine@outlook.com. It can be poetry, prose, a book or film review or something you have written that you would like to share.

Rambling With Gus



Distance: 7 miles / 11 km

Duration: 3 hours

Terrain: Easy going mix of hard-surfaced and grassy

paths, quiet lanes and pavements.

This is a varied walk starting in the middle of Sudbury, taking you along the water meadows and out into the surrounding hills including the Great Cornard Country Park with beautiful views across the valley.

Start the walk in the centre of Sudbury with your back to the Kingfisher Leisure Centre and Waitrose on your right. Cross the carpark in front of

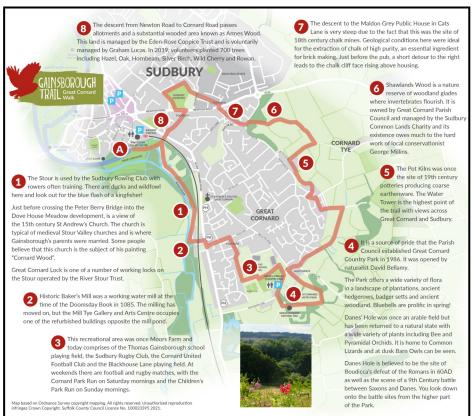
you to the far lefthand corner and take the Valley Trail which used to be a railway line from Sudbury to Bury St Edmunds. Follow the trail

for approx. 50 meters then cross the metal bridge on your left into Friars Meadow. From here, simply follow the red Great Cornard Walk waymarkers. At the end of you walk, there are plenty of places for refreshments in Sudbury.



For more information on this walk and the Gainsborough Trail, visit the Discover Suffolk website on www.discoversuffolk.org.uk

Carrie Dye





Megan is a Beauty Therapist with over 18 years experience.

I work from my log cabin in Hitcham.

In a peaceful, rural location and benefits from off-road parking!

Treatments are by appointment only. Therefore you are guaranteed complete privacy and your treatment time is exclusively for you.

A variety of treatments include:

Dermalogica facials/Spray tanning/Waxing/Eye treatments/ Jessica manicures & pedicures/Jessica Gel Nails/Foot health maintenance (nail trimming & hard skin removal)

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BLINKERS

Welcome Brettenham Ladies to the BLINKERS.

A really lovely lunch was had by the Brettenham ladies. More days out, evening entertainment, trips out and weekends away were discussed.

If you would like to be included please let me know and we can add you to the group.

Come on Ladies. Lets not let the men have all the fun!!!!!.

Michelle



Hitcham Village Hall

There are many regular activities at Hitcham Village Hall that are open to everyone, including:

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It stops at the village Hall 12.45-13.05 and at the Church 15.20-15.35 Friday 25th August

